# State/Territory-Based Supports: Potential Supportive Stepping Stones

Projects and services can change, however some useful starting points within each state and territory could be:

#### **WESTERN AUSTRALIA**

#### The Freedom Centre

www.freedom.org.au (08) 9482 0000 (business hours)

# Gay & Lesbian Community Services Counseling Line

(08) 9420 7201 (metro) 1800 184 527 (country)

#### **SOUTH AUSTRALIA**

# Gay and Lesbian Community Services of South Australia Inc.

www.glcssa.org.au (08) 8422 8400 (metro) 1800 182 233 (country)

# The Second Story Youth Health Centres

www.cyh.com (08) 8232 0233

# Shine SA (Sexual health information networking & education)

www.shinesa.org.au (08) 8300 5300

## **Bfriend**

www.ucwesleyadelaide.org.au/ bfriend (08) 8202 5805 or (08) 8202 5192

# AUSTRALIAN CAPITAL TERRITORY

www.qnet.org.au

# Gay and Lesbian Counselling Service (NSW)

www.glcsnsw.org.au 1800 184 527 or (02) 8594 9596

#### **NORTHERN TERRITORY**

www.ntahc.org.au

## NT AIDS & Hepatitis Council

www.ntahc.org.au (08) 8944 7777

## Gay & Lesbian Support Line

Alice Springs (08) 8953 2844

# **QUEENSLAND**

#### **Open Doors**

www.opendoors.net.au (07) 3257 7660

# Queensland Association for Healthy Communities (QAHC)

www.qahc.org.au (07) 3017 1777 (metro) 1800 177 434 (country)

#### **NEW SOUTH WALES**

#### Twenty10 GLBT Youth Support

www.twenty10.org.au Metro Support: (02) 8594 9555 Rural Support: 1800 65 2010

# Gay & Lesbian Counselling Service of NSW

www.glcsnsw.org.au Sydney Area (02) 8594 - 9596 Regional 1800 18 GLCS

## **ACON Sydney**

www.acon.org.au (02) 9206 2000 Freecall: 1800 063 060

#### **VICTORIA**

# Rainbow Network (a project of Gay and Lesbian Health Victoria)

www.rainbownetwork.net.au (03) 9285 5382

#### The ALSO Foundation

www.also.org.au (03) 9660 3900

#### **TASMANIA**

# Tasmania Gay and Lesbian Rights Lobby

www.tglrg.org (03) 6224 3556

#### Working it Out

www.workingitout.org.au (03) 6231 1200

#### OTHER

# Mainstream organisations such as Kids Help Line

www.kidshelp.com.au

### headspace

www.headspace.org.au

#### Reach Out

www.au.reachout.com

Parents have received support from

Parents, Families and Friends of Lesbians and Gays (PFLAG) Australia

www.pflagaustralia.org.au

